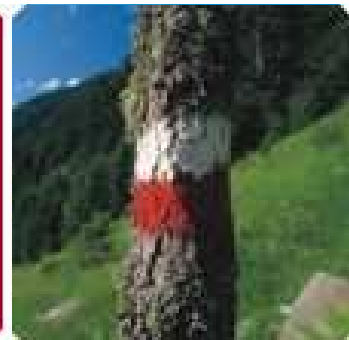


Merano High Mountain Trail in the Texel Group Nature park



A fantastic hike of several days in the Texel Group Nature Park

The Merano High Mountain Trail is one of the most beautiful pathways in the whole Alpine area. With its relatively small differences in altitude it somehow connects the high mountain climate of the Texel Group and the sub mediterranean climate of the Etschtal valley. The numerous trails leading up to or back down from the High Mountain Route give you the possibility to start and end your tour wherever you want. Furthermore it is possible to reach several farms situated near the High Mountain Route by car or by taxi or with the small cable cars. The Merano High Mountain Trail is marked with the number 24 and wherever it might be dangerous you will find chains, ropes or railings to ensure your security. In addition, there are some natural steps, artificial stairs or ladders, which facilitate the way up to and back down from the pathway.

The subdivision of the High Mountain Route into a North Route and a South Route gives you the possibility to explore the pathway in different seasons. The whole distance of about 80 kilometres, for which 4 to 6 days are necessary, can be walked from the end of June till October (depending on the amount of snow). Apart from a pure sports experience the Merano High Mountain Trail also offers a wonderful natural landscape (with particular fauna and flora). As if from a panorama terrace you can see the Vinschgau valley, the Meran basin, the Passeier Valley valley, as well as the Alps of the Sarntal, the Stubai and the Ötztal. On a clear day it seems that you can reach out and touch the Dolomites, the Brenta Group and the Ortler Massif. Everywhere you get new impressions and you gain an insight into the world of the South Tyrolean mountain farmers who have created and maintained this mountain and pasture landscape in centuries of work.

The Merano High Mountain Trail North

It starts at Katharinaberg (Schnals Valley valley). Walking there depends much on the snow, which can often lie deep in Pfossental valley and Pfelderertal valley until late spring with the consequent risk of avalanches and landslides. Starting from Katharinaberg (1245 m), the walk leads into Pfossental valley to Nassreid (1534 m) and Vorderkaser (1693). Then it goes from the Rableid mountain hut to the Eishof (2069 m). The fantastic scenery with many peaks (Texelspitze 3318 m, Roteck 3337 m, Hohe Weiße 3281 m, Hohe Wilde 3481 m and Hintere Schwärze 3624 m) frames this valley like a natural amphitheatre and forms the core of the Texel Group National Park. From the Eishof you go on into the valley nearly to its end. The walk gets stonier and ascends steeply until Eisjöchl (2908 m), the highest point of the route. Here you find the Stettiner Hütte mountain refuge (2875 m). From there the route leads down to Pfelders (1622 m) and out of the Pfelderertal valley to join the Southern Merano High Mountain Trail at Ulfas walking by Innerhütt and Ausserhütt (1500 m).

The Merano High Mountain Trail South

Starting from Ulfas (1369 m) the walk leads past the rather remotely placed Gögelehof farm (1295) to Christl (1132 m). In the south you can see the Alps of the Sarntal valley and in the east there is the Jaufenpass. You walk by Matatz (1098 m), Magdfeld (1147 m), Vernuer (1100 m) and Langfall (1075 m) and reach the Hochmut farms (1361 m). This group of farms is positioned like an eyrie on the steep slope of the Mutspitze mountain. The tour goes on walking by the Hochganghaus mountain refuge (1839 m – that's the highest point along the southern route), the Gojener Alm mountain hut (1824 m), the Tablander Alm mountain hut (1788 m), Nassereith (1523 m), Giggelberg (1565 m), Hochforch (1555 m), Innerforch (1460 m), Linthof (1386 m), Kopfron (1436 m) and finally reaches Katharinaberg (1245 m). The southern route offers you some attractive tours for one or more days. In certain places which are secured with steel ladders and ropes it is necessary to have a good head for heights. Be careful when it's wet!

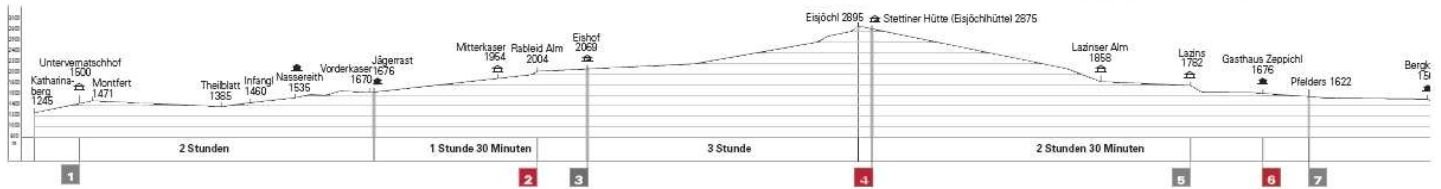
Emergency number: **118**

Other information: +39 0473 200 443

Tel.: +39 0473 200 443 · www.meranerland.com

Merano and environs
A holiday region in South Tyrol/Südtirol

Merano High Mountain Trail in the Texel Group Nature park



The Merano High Mountain Trail NORTH

Hotel am Fels – Schnals Valley

Tel.: +39 0473 679 139 – www.hotel-amfels.it
Offers: Accommodation and catering possible
Opening hours: March - November

1 Untervernatschhof – Schnals Valley

Tel.: +39 0473 679 241 – www.untervernatsch.com
Offers: Accommodation and catering possible
Opening hours: all year round

Montfert – Schnals Valley

Tel.: +39 0473 679 236 – www.montferthof.it
Offers: Accommodation and catering possible
Opening hours: all year round

Nassreidhof – Schnals Valley

Tel.: +39 0473 679 233 – www.nassreidhof.it
Offers: Accommodation and catering possible
Opening hours: all year round

Mitterkaser-Alm – Schnals Valley

Tel.: +39 0473 668 131
Offers: Accommodation and catering possible
Opening hours: May - November

2 Rableid Alm – Schnals Valley

Tel.: +39 0473 667 229 – Mobil: +39 335 366 766
www.rableidalm.com
Offers: Accommodation and catering possible
Opening hours: May - November

3 Eishof – Schnals Valley

Tel.: +39 0473 229 947 – Mobil: +39 335 654 3300
www.eishof.com
Offers: Accommodation and catering possible
Opening hours: May - November

4 Stettiner Hütte – Passeier Valley

Tel.: +39 0473 646 789 – Mobil: +39 347 874 2805
www.13h.de
Offers: Accommodation and catering possible
Opening hours: July – September

Lazinser Alm – Passeier Valley

Tel.: +39 0473 646 800
Offers: Catering possible
Opening hours: June - October

5 Lazinser Hof – Passeier Valley

Tel.: +39 0473 646 777
Offers: Catering possible
Opening hours: all year round

6 Gasthaus Zeppichl – Passeier Valley

Tel.: +39 0473 646 720
Offers: Accommodation and catering possible
Opening hours: all year round

7 Pfeldererhof – Passeier Valley

Tel.: +39 0473 646 706 – www.pfelders-pfeldererhof.it
Offers: Accommodation and catering possible
Opening hours: Mai - October

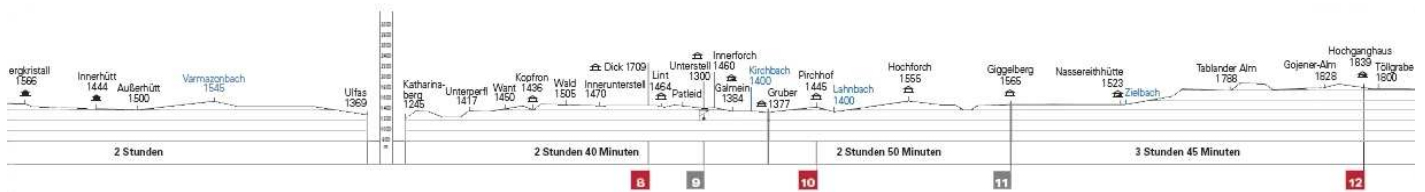
Bergkristall – Passeier Valley

Mobil: +39 348 293 6711 - +39 338 917 5213
Offers: Catering possible
Opening hours: all year round

Gasthof Innerhütt – Passeier Valley

Tel.: +39 0473 646 818
Offers: Accommodation and catering possible
Opening hours: all year round

Merano High Mountain Trail in the Texel Group Nature park



Merano High Mountain Trail SOUTH

Oberperflhof – Schnals Valley

Tel.: +39 0473 679 243 – www.oberperflhof.it
Offers: Accommodation and catering possible
Opening hours: all year round

Kopron – Schnals Valley

Tel.: +39 0473 679 180
Offers: Catering possible
Opening hours: Easter - December

Innerunterstell – Naturns

Tel.: +39 0473 679 166 – Mobil: 335 800 8882
Offers: Catering possible
Opening hours: closed 2010 for reconstruction

8 Dickhof – Naturns

Tel.: +39 0473 679 192
Offers: Catering possible
Opening hours: all year round

Lint – Naturns

Tel.: +39 0473 667 884 – www.linthof.com
Offers: Accommodation and catering possible
Opening hours: Easter - November

9 Unterstell – Naturns

Tel.: +39 0473 667 747 – www.unterstellhof.com
Offers: Catering possible
Opening hours: all year round

Patleid – Naturns

Tel.: +39 0473 667 767 – www.patleidhof.it
Offers: Accommodation and catering possible
Opening hours: all year round

Innerforch – Naturns

Tel.: +39 333 312 8693
Offers: Catering possible
Opening hours: Easter – November

Galmeln – Naturns

Tel.: +39 0473 668 117 – Mobil: +39 349 720 5566
Offers: Accommodation and catering possible
Opening hours: Easter - November

Schnatzhof – Naturns

Tel.: +39 0473 667 744 – Mobil: +39 348 063 0823
Offers: Accommodation and catering possible
Opening hours: all year round

10 Pirchhof – Naturns

Tel.: +39 0473 667 812 – www.pirchhof.it
Offers: Accommodation and catering possible
Opening hours: April - November

Hochforch – Naturns

Tel.: +39 0473 667 748
Offers: Catering possible
Opening hours: Easter - November

11 Giggelberg – Partschins

Tel.: +39 0473 967 566 – www.giggelberg.com
Offers: Accommodation and catering possible
Opening hours: March - November

Tablander Alm – Partschins

Tel.: +39 340 494 1347
Offers: Catering possible
Opening hours: May - November

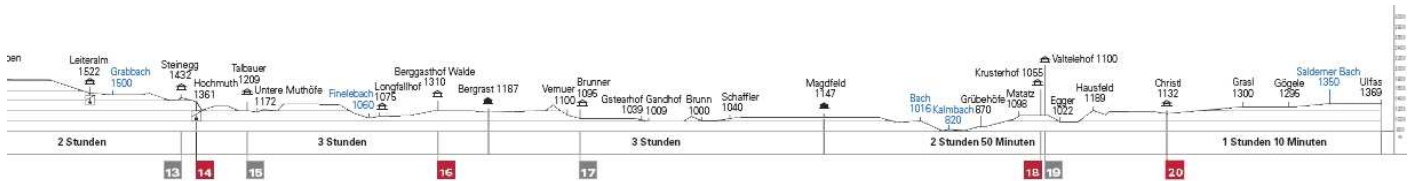
12 Hochganghaus – Partschins

Tel.: +39 0473 443 310 – www.hochganghaus.it
Offers: Accommodation and catering possible
Opening hours: June – October

Leiteralm - Algund

Tel.: +39 338 317 2484 – www.leiteralm.com
Offers: Accommodation and catering possible
Opening hours: March - November

Merano High Mountain Trail in the Texel Group Nature park



13 Steinegg – Dorf Tirol

Tel.: +39 0473 229 940 – www.steinegg.it
Offers: Catering possible
Opening hours: March – December

14 Hochmuth – Dorf Tirol

Mobil: +39 333 266 8484 – www.hochmut.it
Offers: Accommodation and catering possible
Opening hours: March - November

15 Talbauer – Dorf Tirol

Tel.: +39 0473 229 941 – www.talbauer.it
Offers: Accommodation and catering possible
Opening hours: March - December

Longfall – Dorf Tirol

Tel.: +39 0473 923 674
Offers: Catering possible
Opening hours: all year round

16 Walde – Riffian-Kuens

Tel.: +39 0473 241 198 – www.gasthof-walde.com
Offers: Accommodation and catering possible
Opening hours: Easter - November

Bergrast – Riffian-Kuens

Tel.: +39 0473 241 137
Offers: Catering possible
Opening hours: March - November

17 Brunner – Riffian-Kuens

Tel.: +39 0473 241 036
Offers: Accommodation and catering possible
Opening hours: Easter – November

Magdfel – Riffian-Kuens

Tel.: +39 0473 641 249
Offers: Accommodation and catering possible
Opening hours: Easter - October

18 Krusterhof – Passeier Valley

Tel.: +39 0473 641 335
Offers: Accommodation and catering possible
Opening hours: Easter - November

19 Valteleshof – Passeier Valley

Tel.: +39 0473 641 329
Offers: Accommodation and catering possible
Opening hours: Easter - November

20 Unterchristlhof – Passeier Valley

Tel.: +39 0473 656 246 – Mobil: +39 347 042 4563
Offers: Accommodation and catering possible
Opening hours: Easter – October

Jaufenblick – Passeier Valley

Tel.: +39 0473 641 027 – www.gasthaus-jaufenblick.com
Offers: Accommodation and catering possible
Opening hours: Easter - October